

Problem Solving

Now that you have identified what you are good at and detailed your super strengths that will help you achieve your life of success and self-determination, take a moment to list your “transition challenges”. ***Write any potential challenges you may face in achieving your life of success and self-determination.*** Possibilities of transition challenges may include, but are not limited to education, training, mentorship, transportation, financial support etc.

Transition challenge:

Transition solution:

Transition challenge:

Transition solution:

Transition challenge:

Transition solution:

Problem Solving

Are you up for the challenge? With a parent, peer, or mentor, *brainstorm ways in which you can overcome your transition challenges*. As you identify solutions, draw an X through each of your challenges and write the strategy or resource that you will use to help you to overcome any obstacles! Finally, circle the transition challenge you are most excited to solve and write it down below.

Transition challenge accepted:



Notes
